












SICK DAY GUIDELINES

PLEASE KEEP YOUR CHILD HOME IF:

								
Your child has a fever	Your child is vomiting	Your child has diarrhea	Your child has a sore throat	Your child is coughing	Your child has a rash	Your child has lice	Your child has an eye infection	I have been in the hospital/ER
A temperature of 100 degrees or higher within the last 24 hours	One event of vomiting within the last 24 hours	One event of diarrhea within the last 24 hours	A severe sore throat especially if bright red or swelling or lesions on tonsils.	If coughing is excessive and not controlled with medication	A rash with fever or itching or blisters that are oozing with drainage	If live lice or nits within 1/8" of the scalp are present	Redness, burning, drainage, crusty matter, or swelling of eyelids.	Hospital stay or ER visit

YOUR CHILD MAY RETURN TO KIDS ZONE/KIDS CLUB WHEN:

Your child is fever free for 24 hours without the use of medication	Your child is free from vomiting for 24 hours without the use of medication	Your child is free from diarrhea for 24 hours without the use of medication	Your child has been on antibiotics for at least 24 hours if diagnosed with strep or another bacterial infection	Your child's cough is under control	Any blisters are free from drainage, fever free for 24 hours, and sometimes with permission from a healthcare provider	Your child does not have live lice, has received a lice removal treatment and nits have been removed.	Your child's eyes are no longer draining and has been on antibiotic drops or ointment for at least 24 hours	Has been released by medical provider
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Please notify the Youth and Family Services Coordinator Mary Beth at mbapple@crymca.org if your child has been in the room and diagnosed with a contagious illness.