Our YMCA staff remains committed to providing you with information about your employment. A CPR certificate will need to be obtained within the first 30 days of hire and maintained throughout your employment.

This course will prepare you to recognize a variety of first aid, breathing, and cardiac emergencies in the workplace. This is a blending learning course including an online portion and an instructor-led classroom skill session. The online portion must be completed prior to attending the in-class portion. Allow approximately 2 hours and 30 minutes to complete the online portion. Upon successful completion you will receive a First Aid/CPR/AED certificate valid for two years.

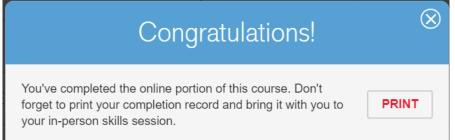
## **CPR/AED/First Aid Blended Learning Course**

https://www.redcrosslearning.com/course/301040f0-c611-11e6-981dbb8e5751112f

Create a login for yourself and complete the training.

Instructions:

- 1. Complete the training at online.
- 2. Print or download your Completion Certificate after finishing the online course. It will instruct you to proceed to skills testing. You will need to show the instructor you have completed this training.



- 3. Create a new punch request for a total of 2.5 hours for the online CPR portion.
- 4. Register at the YMCA front membership desk for the in-class skills test. You do not have to attend at the branch you work in. Please bring the certificate to the online class and be sure to clock in for class.
- 5. If you are already CPR certified either through the Red Cross or the American Heart Association, please email me a copy of the CPR card. You will then be required to renew it with us just before it expires.

## *If you work in the Aquatic Department, please contact your direct supervisor before starting this course.*

Again, we look forward to you transforming our community together.